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FOR IMMEDIATE RELEASE

February 11, 2015

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VODEC's Annual Valentine's Dance

WHAT: VODEC is hosting its 4th annual Valentine's Dance for persons with intellectual and developmental disabilities. Entertainment will be provided by EJS Sound & Lights and refreshments will be provided by the Mid-America Center's catering department. Cost for this event is \$10.00 per person (free admission to required support staff). Sponsors for this dance include Access Bank, American National Bank Charitable Fund, and Council Bluffs Savings Bank.

WHEN: Thursday, February 12th 6:00 PM - 8:00 PM

WHERE: Mid-America Center 1 Arena Way Council Bluffs, IA

WHY: The annual Valentine's dance provides individuals with disabilities an opportunity to attend a social gathering, a dance, in a safe environment. "Dances and other social opportunities through VODEC provide special occasions to dress up and to practice interpersonal skills" said Steve Hodapp, VODEC CEO.

For additional information about the dance or about VODEC services please contact Daryn Richardson or Clarissa Conolley at 712-328-2638 or via email at daryn@vodec.org or cconolley@vodec.org.

The mission of VODEC is to provide services to persons with disabilities in order that those persons may live, work, and participate in the community in the least restrictive environment to reach their full potential.

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– VODEC is a 501(c)3 private nonprofit corporation. VODEC provides employment, residential, day and extended family home services for persons with intellectual disabilities in Iowa and Nebraska. For more information about VODEC's services call Daryn at 712-328-2638 or visit us at www.vodec.org.