



January 2019

Program CI Day Hab

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Closed for New Years	2 Virtual Tour of State Capitals or Wal-Mart (recycle cans and shopping) 10am Yahtzee or Volunteer at Restore 1pm-2pm	3 Virtual Tour of State Capitals or YMCA 10am Puzzles or Volunteer at Goodwill 1pm-2pm	4 Scooter's Coffee Shop 9:45am \$5 or Virtual Tour of State Capitals GiGi's Playhouse 1pm-2pm or Volunteer at Goodwill 1pm-2pm	5
6	7 Virtual Tour of State Capitals or Volunteer at New Hope 10am-11am Science Center 12:30pm \$12 or Volunteer at Restore 1pm-2pm Or Deal or no Deal	8 YMCA 10am or Virtual Tour of State Capitals Prairie Meadows (Bring ID) 11:30am Rock n Roll and Blues Or Game Stop 12:30pm Or Hang Man	9 Consumer's Meeting 9:30am Virtual Tour of State Capitals 10:30am Tour at Urbandale Fire Station 12:30pm or Volunteer at Restore 1pm-2pm Or 7 up heads up	10 Michael's 9:30am Or Virtual Tour of State Capitals Bowling at Merle Hay Mall 12:00pm \$6 or Volunteer at Goodwill 1pm-2pm Or Exercise videos	11 Scheduled Tour at Des Moines Play House 10:30am-11:30am Or Virtual Tour of State Capitals GiGi's Playhouse 1pm-2pm or Volunteer at Goodwill 1pm-2pm	12

<p>13</p>	<p>14</p> <p>Virtual Tour of State Capitals or Volunteer at New Hope 10am-11am</p> <p>Perkins 11:30am \$13 or Volunteer at Restore 1pm-2pm Or Word Search Activities</p>	<p>15</p> <p>Virtual Tour of State Capitals Or YMCA 10:00am</p> <p>Prairie Meadows (Bring ID) 11:30am Polka Or Bingo</p>	<p>16</p> <p>Virtual Tour of State Capitals Or Jordan Creek Mall 10:00am</p> <p>Crafts or Volunteer at Restore 1pm-2pm</p>	<p>17</p> <p>Virtual Tour of State Capitals Or YMCA 10:00am</p> <p>Xbox/Jeopardy or Volunteer at Goodwill 1pm-2pm</p>	<p>18</p> <p>Virtual Tour of State Capitals</p> <p>Watching a play at Des Moines Play House 10:45am-12:00pm \$6 or Volunteer at Goodwill 1pm-2pm Or Monopoly</p>	<p>19</p>
<p>20</p>	<p>21</p> <p>Virtual Tour of State Capitals or Volunteer at New Hope 10am-11am</p> <p>YMCA 12:30pm or Volunteer at Restore 1pm-2pm Or Uno</p>	<p>22</p> <p>Virtual Tour of State Capitals Or Crafts</p> <p>Prairie Meadows (Bring ID) 11:30am Polka Or egg race</p>	<p>23</p> <p>Virtual Tour of State Capitals or Jay's CD 10:30am</p> <p>YMCA 12:30pm or Volunteer at Restore 1pm-2pm Or Puzzles</p>	<p>24</p> <p>Pajama Party (wear your pajama's)</p> <p>Virtual Tour of State Capitals Or Scrapbooking</p> <p>Movie and Popcorn at Day Hab 12:30pm or Volunteer at Goodwill 1pm-2pm</p>	<p>25</p> <p>Virtual Tour of State Capitals or Salisbury House and Gardens Tour 10:30am \$8</p> <p>GiGi's Playhouse 1pm-2pm Volunteer at Goodwill 1pm-2pm Or Wii Tournament</p>	<p>26</p>

<p>27</p>	<p>28</p> <p>Virtual Tour of State Capitals Or Baking cookies for Fire Department/Police Department 9:30am</p> <p>Volunteer at New Hope 10am-11am</p> <p>Deliver Cookies 1:00pm or Volunteer at Restore 1pm-2pm</p>	<p>29</p> <p>Virtual Tour of State Capitals or YMCA 10:00am</p> <p>Prairie Meadows (Bring ID) 11:30am Country Or Bingo</p>	<p>30</p> <p>Virtual Tour of State Capitals Or Dollar Tree 10:00am</p> <p>Musical Steps or Volunteer at Restore 1pm-2pm</p>	<p>31</p> <p>Virtual Tour of State Capitals Or YMCA 10:00am</p> <p>Starbucks \$6 12:30pm or Volunteer at Goodwill 1pm-2pm Or Crafts</p>		
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